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Events of note during Grey Cup

MCMAHON Here are a couple of stories from the "interesting-to-know files" from the 2009 Grey Cup in Calgary:

It appears several reports indicate the flow of beer from the kegs at McMahon Stadium halted near the start of the third quarter. One source told Metro that by the middle of the third quarter, it was a dry house.

Crowchild Trail across from McMahon Stadium was closed immediately following the game in order to accommodate pedestrians in the area. Calgary police kept it closed and re-routed traffic until all people were clear of the area.

METRO CALGARY

News on the Move

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CANADA MONDAY, NOVEMBER 2 2009

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Presented by:

CANADIAN MENTAL HEALTH ASSOCIATION ASSOCIATION CANADIENNE POUR LA SANTE MENTALE

PAGE 12



ADRIAN WYLD/THE CANADIAN PRESS

Montreal Alouettes quarterback Anthony Calvillo, right, hoists the Grey Cup with teammate Anwar Stewart, left, after the Alouettes beat the Saskatchewan Roughriders 28-27 to win the 97th Grey Cup yesterday at McMahon Stadium. **More coverage, page 3, 17.**

Grey Cup spirits run high

CFL festivities in Calgary a rousing success with help from volunteers

KRISTA SYLVESTER

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Grey Cup fans love to party and Calgary knows how to throw a great one.

The only thing that could have made the four-day festival better is if the Calgary Stampeders were guests, according to Mayor Dave Bronconnier.

"I think Calgary is well-known for being great hosts in everything we do, and I have heard from many people that had a wonderful time," Bronconnier said, adding CFL commissioner Mark Cohon was "impressed" with the success of the 97th Grey Cup.

Tweets during the game

- [@shandro](#) Our row was told we're not allowed to stand. Seriously. #greycup09
- [@Sirthinks](#) The worst part of my desire for the Alouettes to kill the riders is.... All my pool tickets favour the WEST. #cfl #dammit #conundrum
- [@that_angela](#) Soooooo ... give me the real score. How many Riders fans were hauled out of the bleachers by the cops? #cfl #greycup
- [@ThankASoldier](#) Thinks "S" will be the new symbol for Choke #yyc #Greycup2009 #als
- [@garnetfraser](#) It wouldn't have been so great to WIN such a badly played Cup. And to lose it on a really stupid penalty, well ... #riders #greycup #als

Bronconnier was especially proud of the 100,000-strong attendance for the Grey Cup parade on the weekend and the 750 volunteers who contributed to the success of the fourth Calgary Grey Cup.

"We really couldn't have done this without all of the

volunteers," he said.

Marie Bergeron and her husband travelled from Montreal for the game and despite being outnumbered by Saskatchewan Roughrider fans, they had a great time in the city.

"It was awesome and we think the city was very

good to everyone. There was so much to do, we had a lot to pick and choose from and we were never bored," she said.

"This is our first time here and a perfect way to spend the last few days of the year's vacation days," her husband added.

Don Phelps, assistant manager of McMahon Stadium, was impressed with how well the massive crowds at the venue were behaving.

"There are only 10,000 more people than a normal game and I think because of the nice weather, everyone is really out enjoying themselves," he said.

While crowds were behaving before the kickoff grey, Phelps expected there might be a few incidents by the end of the game.

"But everyone is having a good time and it's really great to see people having fun."



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notes the following deaths
in our community:

ADAMS, Kathleen Margaret
BAYLISS, Lawrence Matthew "Dawson"
CHAPMAN, Cayley Maureen
DAVENS, George
DONNA, Lily Grogan
DUNN, James H. (J.D.)
DURDLE, Cheryl Dawn
EKVAL, Herbert Vincent
GERIAK, Maria "Mary"
GERSTMAR, Jocelyne Diane
GWYN, Melissa Joy
HARLESS, Richard Murl
HINES, Jackie (Jack)
JOHNSON, Cathy (nee Jongerius)
JORGINSON, George Ralph
KEIL, Robert Lee
MASONCHUCK, Kenneth J.
MCARTHY, Helen Martha (nee Doerssen)
MCALLEN, E. Joyce (nee Wileman)
MCNEILL, Helen Margaret
MCRAVISH, Gordon Alexander
METCALFE, Frank
MOLNAR, Imre (Jim)
SABO, Otmar
SELOCK (nee Metcalfe), Barbara Frances
TAM, Simon Sui Wing
TREMBLAY, Denis Hervé
VESTRUM, Oris C.
WILSON, Hilda May
ZIMMER, Rose Jean Angeline (nee Zaba)

For full obituaries go to
CalgaryObits.com

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Reid to visit Calgary

Canadian recording star Johnny Reid, left, will bring his 2010 A Place Called Love tour to the Southern Alberta Jubilee Auditorium on Sept 27, 2010. Tickets for the show go on sale Dec. 4 at 10 a.m. and can be purchased through Ticketmaster at 403-777-0000, or www.ticketmaster.com for \$20, \$40 or \$60.

METRO CALGARY

Students mourn friend

KRISTA SYLVESTER
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A teenager known for his kindness and athleticism allegedly killed by his father is being mourned by friends and classmates.

Sir John A. MacDonald Grade 8 student Jason Louie, 13, and his nine-year-old sister Jane were allegedly slain by their father in their Panorama Hills Place NW home on Friday night.

Their mother is recovering from her injuries.

Friends and classmates, old and new, gathered on a R.I.P. Facebook memorial page to share memories of their friend who was taken far too soon, according to close friend Wajimaa Amiri.

"He was a great guy, he always made everyone smile and he would always encourage us to do our best. He was nice to everyone and I can't think of one person who dislikes him," Amiri told Metro.

"We wish he didn't have to go now because he was too young. I still can't believe it," he added.



Police investigators were still searching for evidence at the scene of a home where two children were found dead Saturday. One man has been charged in the incident. INSET: A photo of Jason Louie featured on his Facebook memorial page.

Other friends remembered Louie for being good at sports and shared fond memories, including Quinn Thurbide who remembered sliding with his friend on the ice at Cardel Arena.

"So Jason starts sliding on the ice with his shoes on and there we are buming around while our friends are looking down at us and laughing," he said.

Students at Louie's

school are organizing a memorial assembly, according to the students.

James Bing Jun Louie has been charged with two counts of second-degree murder and attempted murder.

Report recommends sprinkler systems in new homes

DARREN KRAUSE
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dential sprinkler systems could be the single most important measure to reduce "loss of life and injury and loss of property" convinced him the city should investigate further.

Hawkesworth will put

forth a notice of motion at today's combined meeting of council that asks for a feasibility study and report on the imple-

mentation of residential sprinklers to come back to council by late next year.

While he acknowledges the potential additional cost to homebuilders and eventually homeowners, Hawkesworth believes the benefits balance the financial outlay.

"There's peace of mind for one thing — which is priceless," said

Hawkesworth, noting systems in Vancouver have shown no fatalities in buildings that house residential sprinklers.

"There's reduced insurance premiums ... and of course, if you do it for an entire neighbourhood or community, then maybe there are reductions possible in the siting of fire stations — you can put them further apart."

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News in brief

ROBBERY Calgary police are looking for a man in connection with a robbery at the Royal Bank branch in the 3900 block of Richmond Rd. SW. on Friday. Police said a man produced a note indicating it was a robbery, that he had a weapon and demanded money. Police are looking for a Caucasian male, 20 years old, six-foot-one, 200 pounds, with black hoodie jacket.

SHOOTING A vehicle with a driver and a 24-year-old man who took a bullet to the chest pulled up to police in the Rockyview Hospital parking lot early Friday morning. Police said the two males were in a restaurant parking lot at 25 Avenue and Macleod Trail S, when another vehicle pulled up and opened fire. According to police a silver, possibly newer Dodge Caravan, fled the area. METRO CALGARY

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What's online today.

Video Stephen Harper stands firm on Canada's climate change targets ahead of Copenhagen summit at metronews.ca/canada



Lotteries

Friday, Nov. 27
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Non-fans 'hide' from maddening crowds

ANTI-GREY CUP Not everyone is a football fan — at least not CFL football — and some Calgarians came up with creative ways to avoid the festivities.

Football fan Carol Asinsee celebrated the Grey Cup by watching the American version of the game on TV.

"I'd rather watch real football. I think the American game is a lot more interesting and I think the CFL is a boring game to watch," she said from her home while watching the NFL's Sunday slate of games.

Another Calgarian, Derek Hill, wanted to get out of the house and out of the city to avoid the "craziness" — so he trekked to the mountains to snowboard.

"I haven't been out yet and I thought what better day than Grey Cup day," he said.

But perhaps the most unique alternative to the watching the game would be Meshell Checkley's method.

"I'm PVRing the thing because I have a group of women who have come together to do a passion party and leave the football to the men and football fans," she said.

"It's been a lot of fun. I love football but this is a lot of fun, too."

KRISTA SYLVESTER/
METRO CALGARY

Lone fan in sea of green

She cheers for Alouettes, he's a Roughriders supporter

KRISTA SYLVESTER
krista.sylvester@metronews.ca

It's not easy being red in a sea of green — especially if you're an Alouettes fan.

But it was a little bit easier for Helen Lefebvre who with her Roughrider fan boyfriend, Jason Panter, drove, flew and drove some more all the way from Northwest Territories to cheer on opposing teams during the Grey Cup final.

"It's actually kind of scary being one of the only Montreal fans, but it's a little bit easier because I'm with a Roughrider fan," she joked before the kickoff.

After Lefebvre bought the tickets two months ago for her boyfriend's birthday, they drove together to Yellowknife where they flew to Edmonton and drove the rest of the way to Calgary for the game.

"We promised we could cheer for our teams but not rub it in each other's faces when one of the



Helen Lefebvre, Alouettes fan, and Jason Panter, Riders fan, always go head to head when these two teams play, especially when it's for the 2009 Grey Cup held at McMahon Stadium.

teams does lose. It's all in good fun," Panter added.

Andre Paquin was another Montreal fan lost in the midst of watermelon heads at McMahon Stadium

um but shrugged off the teasing.

"They keep calling me a piñata but I said wait until after the game," Paquin joked. "I watched them

when I was a kid and it couldn't be a better team here today."

While some fans bantered back and forth, they said it was all in good fun.

Controversial clinic signs 10-year lease

KRISTA SYLVESTER
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The Second Chance Recovery methadone clinic finally won't need any more chances after signing a 10-year lease in the Foothills Industrial Park.

The city's development appeal board endorsed a

development permit allowing the controversial clinic to remain in the southeast location after the clinic was forced from three previous sites due to public outcry.

"This is huge not only for the clients but also for the city of Calgary. I don't know if people understand how much a city this size

needs something like this," lawyer for the clinic Hugh Ham said, adding now the doctors can focus on helping the 500 patients.

"It's been unsettling and stressful for the patients never knowing if they would continue to get treatment. Now they have a permanent home to get help."

Ham however is concerned about an upcoming motion at council that would force clinics like Second Chance Recovery to apply for a special permit above and beyond what is currently needed.

"It doesn't affect us now but the idea of this is very offensive and unfair," Ham added.

Vary setbacks, McIver says

RIGHT-OF-WAYS Ald. Ric McIver will ask fellow aldermen to approve directing administration to review the ability of the city to vary the setbacks for right-of-ways on city roads.

McIver said in certain situations, a reduced right of way on some city roadways, including along Metis Trail, may provide the city with opportunity to save money by having to acquire less land.

McIver believes this could be applied to other areas that come up from time to time. If approved, a report would be expected back by July 2010.

METRO NEWS SERVICES

Calgary tweets

- @lazydancer Grey Cup is a trending topic, it's currently taking place in Calgary right now. Yay, we're relevant. :)

- @annielori I am the only person in Calgary who doesn't give a damn about Grey Cup football... good book and Bon Jovi is how I will spend my afternoon.

- @DrTrinaRead On Breakfast TV Calgary Monday morning at 9:00 a.m. Talking about "Sex After Baby" and my "Six Month Sex Challenge". Love doing that show.

- @bettybubble I want to bake less, shop less & decorate less this Christmas, party more, go 2 more Xmas concerts, spend more time w family & friends #yc

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In the 24-hour period of wild winter weather from 3 p.m. on Friday to 3 p.m. Saturday, Calgary police responded to 39 injury collisions and 544 property damage collisions. METRO CALGARY

Companies toughen up drivers' wireless bans

Many firms forbid hands-free devices while using vehicles, say provincial laws inadequate

Tough rules are being adopted by a growing number of companies dissatisfied with provincial laws that still allow drivers to use hands-free cellphones.

Employees driving a company vehicle from Steels Industrial Products, for example, can be fired if they are caught

using any kind of cellphone or texting device — period.

Steels president Jim Sidwell laid down the law to his 180 workers in British Columbia and Alberta a few weeks ago.

"There is enough evidence out there that ties driving safety directly to the use of cellphones,"

Sidwell said from Vancouver.

"There was no other answer than to move forward with this policy. It was just the right thing to do."

Studies show that drivers who talk on cellphones are six times more likely to be involved in dangerous collisions.

And they are 23 times more likely to have a crash if they're texting and driving, according to the Insurance Bureau of Canada.

People who chat on cellphones or text are 10 times more likely to run a stop sign.

Similar policies to those at Sidwell are in

force at large companies such as Finning Canada, Husky Energy, Halliburton, ConocoPhillips and smaller firms such as Hole's Greenhouses.

In Alberta, public sector organizations such as the University of Alberta, the Northern Alberta Institute of Technology and branches of Alberta

Health Services have enacted no-wireless-device driving rules in the absence of cellphone legislation from the provincial government.

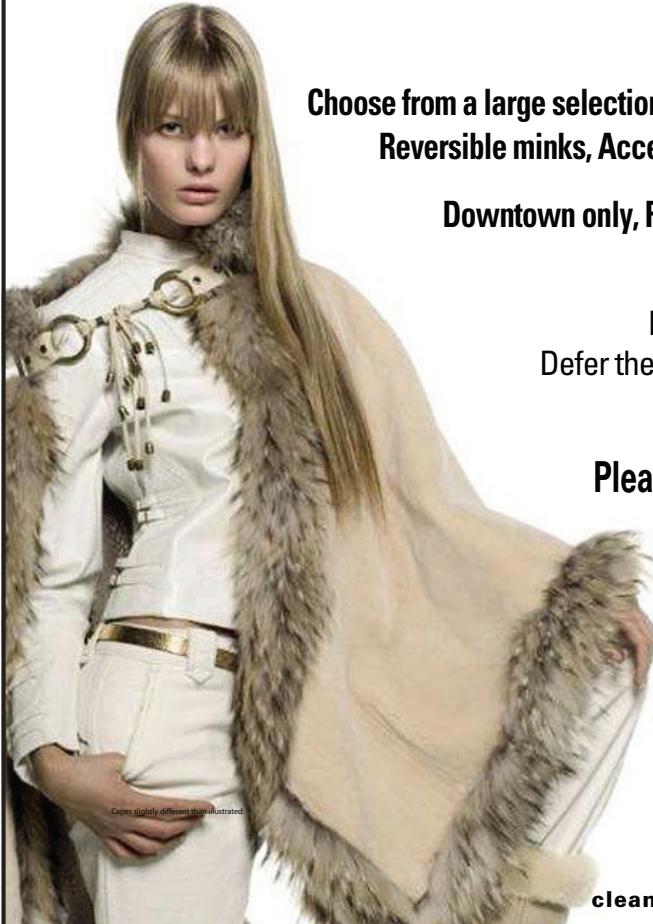
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ROB KIRKIN/CFB METRO CALGARY

Denise and Paul Webber with their kids Josie, 3, and Max, 8, all decide on what is a good Christmas tree for their home at the Christmas tree lot which just opened for the season on Heritage and Macleod Trail.

'Tis the season for perfect tree picking

It's not quite December yet but Calgarians might notice Christmas tree lots popping up across the city.

Whether it's an impulse buy or a family tradition, people are already buying holiday trees according to seller Cody Grant.

"It's already steady but next weekend will get really busy. Lots of families and kids," Grant said from the Heritage and Macleod location.

Grant said there are 10 different types of trees ranging between four to 14 feet tall.

"But the most popular tree is the Nova Scotia, I think because they smell the best and they are really full trees," Grant said, adding there are six lots across the four quadrants

of the city.

While some people might think it's too early to buy Christmas trees, some participate in family traditions even before the snow hits the ground.

Nick Alexander, his sister and his parents travel together outside of the city and cut down their own Christmas tree every year at the end of November.

"It's just something we do together and we decorate it and have it all ready to go by December, with or without snow," he said of their seven-foot trophy.

"I think it just became a nice family tradition and something we can do together, from driving there all the way to cutting it down and decorating it."

KRISTA SYLVESTER/METRO CALGARY

Lunch raises scholarship funds

Local donors and business leaders opened their wallets and gave \$109,000 to help Bow Valley College students. With a matching Government of Alberta grant from the Access to the Future Fund, that amount totals over \$300,000.

The 16th annual Pre-

MIER'S SCHOLARSHIP LUNCHEON, held last week, is a major fundraiser for BVC's scholarships. Over the past 16 years and through matching grants from the Alberta government, the luncheon has raised more than \$2 million.

METRO CALGARY

Museum removes explosive artifacts

A Newfoundland museum is proving that military history can be a blast. Safety officials removed 13 pieces of ammunition from display cases at the Royal Newfoundland Regiment Museum after an inspection showed the ordnance may be dangerous. **THE CANADIAN PRESS**

Canada



Civil suit against Iran begins

A legal showdown is set to take place in a Quebec courtroom this week pitting the government of Iran against the estate of slain photojournalist Zahra Kazeimi. The Iranian government will try to argue its way out of a \$17-million civil suit filed by the family of the Iranian-Canadian photographer. Lawyers for both the Iranian and Canadian governments will argue that Iran cannot be sued under Canada's State Immunity Act.

THE CANADIAN PRESS

Prime minister stands firm on GHG targets

Maybe minor tinkering, but not a total overhaul.

That's Prime Minister Stephen Harper's assessment of Canada's position on climate change with a pivotal United Nations summit just days away.

The prime minister says Canada's goal for reducing greenhouse gases is "virtually identical" to targets proposed by the Obama administration.

So he says major changes at this stage would put Canada at a disadvantage with its biggest trading partner.

"We may make some minor adjustments, but that will essentially be our target," Harper told reporters on the final day of the Commonwealth summit in Trinidad and Tobago.

"We believe it is essential, given the integration of our two economies, that our targets remain in line."

Climate change has been the dominant issue at these Commonwealth meetings.

Canada and other member states sought to breathe new life into cli-

mate talks next month by backing a global deal to reduce greenhouse gases.

But the head of the United Nations warned political will is still lacking with just days to go before a key round of climate-change negotiations begins in Copenhagen.

"The momentum for success in Copenhagen has been growing. We need the political leadership at this time," UN Secretary-General Ban Ki-moon told a news conference Saturday in Port-of-Spain.

"We have technology. We have financing. We know what science is telling us. The largest lacking part is still the political will. We are united in purpose. We are not yet united in action."

THE CANADIAN PRESS

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Prime Minister Stephen Harper speaks to soldiers as he visits the frigate HMCS Quebec as it patrols off the coast of Port-of-Spain following the Commonwealth Heads of Government Meeting (CHOGM) in Trinidad and Tobago.

Harper takes swipes at opposition

POLITICS Prime Minister Stephen Harper assured Canada's military yesterday that he and most Canadians stand behind them, even if his political opposition does not.

Before leaving the Commonwealth summit in Trinidad and Tobago, Harper took another backhanded swipe at MPs and others who have questioned the

handling of prisoners captured during the war in Afghanistan.

"Let me just say this," Harper said, "living as we do, in a time when some in the political arena do not

hesitate before throwing the most serious of allegations at our men and women in uniform based on the most flimsy of evidence, remember that

Canadians from coast to coast are proud of you and stand behind you, and I am proud of you, and I stand beside you."

The statement came in response to questions about Canada's prisoner-exchange practices in Afghanistan and committee testimony from intelligence specialist Richard Colvin.

THE CANADIAN PRESS

H1N1 here to stay: Expert

HEALTH The current wave of H1N1 activity may have peaked in all provinces and territories, the Public Health Agency of Canada says in its latest assessment on the state of the pandemic.

Regardless of where the experts come down on the question of a third wave of the flu, they say one thing is a safe bet. Whether it's this winter or next, swine flu will be back, says Dr. Danuta Skowronski, an influenza epidemiologist at the British Columbia Centre for Disease Control.

THE CANADIAN PRESS

News in brief

CRASH Search-and-rescue officials in British Columbia say six people are missing, including an infant, after a float plane crash in the Gulf Islands. The Victoria joint-rescue co-ordination centre says the plane was carrying eight people when it crashed late in the afternoon in Lyall Harbour off Saturna Island.

AVIATION Safety inspectors are backing a federal government decision to stall self-monitoring in the aviation industry, but they say they fear a partially implemented regime has left big airlines vulnerable.

THE CANADIAN PRESS

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Holland steers the new Torstar

TORONTO When David Holland stepped into the role as interim head of Torstar Corp. earlier this year, he shouldered the task of steering a media empire that was in the midst of reworking its operations while caught in an economic downturn. The company's board of directors gave Holland a vote of confidence last week by confirming his role as president and chief executive. The company, which owns the Toronto Star, is focusing on growing its many divisions, which include an array of digital operations tied to its newspapers. **THE CANADIAN PRESS**

News in brief

HALIFAX An expert who believes bats in Atlantic Canada could soon be threatened by a mysterious illness that has killed up to 500,000 bats in the northeastern U.S. says the flying mammals in P.E.I. and Newfoundland might be spared. University biologist Hugh Broders predicts the water crossing may prevent white-nose syndrome from spreading. **THE CANADIAN PRESS**

Health Big steps for small family



Homeless myths hit Olympic proportions

As predicted, efforts to deal with Vancouver's homeless problem have stepped up ahead of the Winter Games.

But contrary to the gravest fears of advocates, new shelters have been opened and concerns that officials would provide one-way tickets out of town or force homeless people off the streets of the Olympic city appear to be myth.

"It seems to be a common theme, all of the misfortunes are due to the Olympics," said Terry Butcher of the New Life Mission in Kamloops, B.C. "I haven't heard of a single case where they said that welfare or so-

VANCOUVER 2010 Games

cial services said here's a bus ticket ... but I hear that talk a lot."

That said, homeless advocates aren't about to let their guard down, especially after Expo 86 in Vancouver when tenants were evicted from low-rent hotels to make room for tourists paying higher rates.

"The suspicion is that somehow people are going to be displaced," said Derek Weiss, a spokesperson for the Union Gospel Mission, a shelter in Vancouver's

Downtown Eastside.

"We have not seen that happen, and we are hoping that it doesn't happen."

Yet advocates say provincial legislation giving police the power in extreme weather to take people to shelters against their will could yet pose a threat to those who have nowhere else to go. The government said the law will not force people to stay in the shelters once they're there.

Robert Holmes, president of the B.C. Civil Liberties Association, said while more money for homeless shelters is a good thing, the funding should have come years ago. **THE CANADIAN PRESS**

Flu threat avoided: Games officials

H1N1 The World Health Organization is sending a representative to monitor for potential disease outbreaks at the 2010 Winter Olympics, but Games officials and health experts

say the threat from H1N1 has likely passed.

Most athletes, officials and spectators are expected to be vaccinated against H1N1 by the time the Games begin in February.

At the Games, the Integrated Security Unit will have 750 officers on stand-by, in case of illness or another major emergency.

THE CANADIAN PRESS

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Confederation Bridge reopens to all traffic

Traffic restrictions had been imposed for safety reasons early yesterday morning for most of the day, due to high winds. Winds had been gusting between 70 and 90 km/h. **THE CANADIAN PRESS**

Cops hurt in hit-and-run

MONIQUE MUISE
Metro Canada

Halifax Regional Police
were searching for three suspects yesterday after a hit-and-run incident that sent two police officers to hospital.

According to Staff Sgt. Brenda Zima, the officers were making a routine stop at an impaired driving checkpoint around 3 a.m. when the vehicle suddenly accelerated, knocking them both to the pavement.

"The officers approached ... and attempted to engage the driver in conversation and the vehicle immediate-

ly took off," said Zima, adding both were on the driver's side.

"It was a very dangerous situation."

The two officers, one of whom was dragged a short distance along the roadway, were not able to pursue the driver or take down a licence plate as the vehicle sped away. "There were three adult males, white," Zima said of the suspects. "That's pretty much all we have at this point."

The two injured officers were taken to hospital where they were treated for minor scrapes and bruises, and then released, Zima said.

News in brief

VANCOUVER The federal government has announced it will spend \$21 million to replace the sails at Canada Place. The iconic roof was first installed for Expo 86 and is due for a replacement. The outer roof fab-

ric will be replaced with material of current technology, according to MP James Moore, minister of Canadian heritage and official languages. Work will start after the Olympics.

METRO NEWS SERVICE

Harper carries baggage to China

OTTAWA Prime Minister Stephen Harper has waited four years to make what many believe will be his most important foreign visit, and it couldn't come at a more disadvantageous time.

Harper's visit this week to the world's next superpower comes at a time when Canada needs China more than at any other time, and when the high ground on human rights has been lowered somewhat by the Afghan prison abuse revelations.

To many China watchers, Harper's cold shoulder to date has been inexplicable given how important the emerging market of 1.3 billion people is becoming to Canada's resource-based economy.

But former Conservative trade minister David Emerson says many of his former colleagues needed to work through their dislike of the communist regime first.

Many think Harper himself went out of his way to poke the giant. He did not attend the 2006 Olympics in

Beijing when even U.S. President George W. Bush found time, and angered the Chinese with his open and unprecedented embrace of the Dalai Lama.

Chinese President Hu Jintao in turn snubbed Harper in 2006 after the prime minister declared Canadians wouldn't want him "to sell out (human rights) to the almighty dollar."

Such baggage doesn't vanish overnight, even though the Conservatives have toned down the rhetoric. Peter Harder, a former foreign affairs deputy minister who now heads the Canada China Business Council, says Harper cannot afford to take his eye off the main economic prize of the trip.

"He doesn't have to love President Hu Jintao, but we need to get along with China because they are a powerful player in the world today and we're sort of losing that connection," said York University China expert Bernie Frolic.

THE CANADIAN PRESS

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metro

Monday, November 30, 2009

8 canada

Toronto police are looking for a man in connection with a sex assault in a karaoke bar. THE CANADIAN PRESS

Gender divide still prevalent at Olympics

Games have a long history of separation between the sexes

In the run-up to the 1984 Summer Games in Los Angeles, several female runners launched a court challenge against Olympic officials in the United States and abroad, claiming the decision not to include women's 5,000- and 10,000-metre events amounted to illegal discrimination.

And, like a group of female ski jumpers currently engaged in the same fight ahead of the 2010 Vancouver Olympics, the runners lost.

Observers say the parallel cases — one heard a quarter-century ago and the other dismissed by the B.C. Court of Appeal earlier this month — are part of a long history of gender divides at the Olympic Games that still continues today.

While ski jumping and Nordic combined (an event that includes ski jumping and cross-country skiing) are restricted to men, the Summer events of synchronized swimming and rhythmic gymnastics only include women. It all goes back to the revival of the modern-day Games in the late 1800s, says Cecile Houry, an expert on gender and the Olympics at Florida International University in Miami.

Pierre de Coubertin, the

VANCOUVER
2010 Games

founder of the modern Olympics, saw the Games as a way to train young boys in France to become strong leaders.

"Women were not supposed to be in the Olympics — de Coubertin did not want women as participants," says Houry.

"It has to do with gender roles and the roles of men and women in society when the Olympics were reinvented."

The first modern Games in 1896, like the ancient Olympics, were a men's-only gathering, although it wasn't long before women started making small gains.

The International Olympic Committee now has rules designed to ensure gender equity at the Olympics, with criteria for adding new events to the Games that focus largely on how prevalent the sport is around the world.

The standards for women's events are less strict to encourage their development.

The IOC cited those criteria in rejecting women's ski jumping, while allowing men's ski jumping to be grandfathered in despite those rules.

THE CANADIAN PRESS

Harper speaks out against Uganda's proposed anti-gay law

SUMMIT Uganda's president got an earful from Prime Minister Stephen Harper over the African nation's proposed law targeting gays.

The Ugandan "anti-homosexuality bill" would imprison and even execute homosexuals.

But the proposed law barely drew a mention at this weekend's Commonwealth summit in Trinidad and Tobago — despite calls before the conference for the country's suspension from the organization.

Harper said leaders generally don't talk about specific laws during the Commonwealth meetings.

But he said he pulled aside Ugandan President Yoweri Museveni and "indicated Canada's deep concern, strong opposition of the fact we deplore these kinds of measures."

"We find them inconsistent with, frankly, I think any reasonable understanding of human rights, and I was very clear on that with the president of Uganda," Harper told reporters on the final day of the Commonwealth meetings.

The bill would send anyone who has engaged in homosexual activity to prison for life.

THE CANADIAN PRESS

Commonwealth admits Rwanda

Rwanda has been admitted into the Commonwealth of nations, becoming the 54th member of the organization of mostly former British colonies. **THE ASSOCIATED PRESS**

World

Tiger takes blame for mysterious crash

Top golfer responds to rumours about accident

The squeaky-clean image of one of America's best-loved athletes has taken a hit following Tiger Woods' mysterious middle-of-the-night car crash, lurid allegations about an extra-marital affair and reports his wife angrily wielded a golf club as her husband fled their home.



Tiger Woods

No one's saying officially what prompted Woods to speed off in his Cadillac Escalade from his Florida home in the wee hours of the morning on Friday, only to smash into a fire hydrant and a tree.

A statement on Woods' official website yesterday didn't provide much by way of

detail.

"This situation is my fault, and it's obviously embarrassing to my family and me," Woods wrote.

"I'm human and I'm not perfect. I will certainly make sure this doesn't happen again. This is a private matter and I want to keep it that way. Although I understand there is curiosity, the many false, unfounded and malicious rumours that are currently circulating about my family and me are irresponsible."

What's known, according to the official police report, is this: When investigators arrived at the scene in the

gated community of Windermere, Fla., after a neighbour called 911, a semi-conscious Woods was lying on the ground bleeding from facial lacerations as his Swedish-born wife, Elin Nordegren, tended to him.

Yesterday, Woods cancelled another meeting with state troopers, the third straight time he's done so.

Unnamed sources told the website TMZ.com that the accident took place after a "domestic issue" in the home. They said Nordegren had scratched Woods' face and had been swinging the golf club in a rage over published allegations that Woods is involved in an extra-marital affair.

THE CANADIAN PRESS

Gunman kills four U.S. police officers

WASHINGTON A gunman burst into a Tacoma, Wash., coffeehouse yesterday and opened fire on four police officers as they sat working on their laptops, killing the three men and one woman in what an official described as a targeted ambush.

Pierce County Sheriff's spokesperson Ed Troyer said officers were looking for one male suspect who fled on foot, but haven't ruled out an accomplice. It wasn't clear whether the officers even had time to draw their weapons to return fire, Troyer said.

"This was more of an execution. Walk in with the specific mindset to shoot police officers," Troyer said.

Troyer said the officers were catching up on paperwork at the beginning of their shifts when they were attacked. **THE ASSOCIATED PRESS**

Switzerland Ban on minarets



A demonstrator holding a mock Swiss assault rifle joins a protest against the acceptance of a minaret ban during a rally on the Helvetia Square in Zurich, Switzerland, yesterday. Swiss voters overwhelmingly approved a constitutional ban on minarets barring construction of the iconic mosque towers.

m.metronews.ca



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News in brief

TRAIN Russians mourned at religious services and soccer stadiums yesterday after a deadly train wreck authorities blamed

on a terrorist bomb. The leader of the Russian Orthodox Church urged the nation not to give in to fear. **THE ASSOCIATED PRESS**

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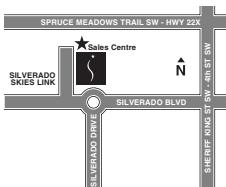


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Monday, November 30, 2009

10 world

A wealthy investor sold his stamp collection for \$3.2 million that he plans to donate to the Smithsonian's postal museum. THE ASSOCIATED PRESS

Stamps sell for \$3.2 million

Rethink plan for Afghan war: Senator to Obama

The leading Senate Democrat on military matters says President Barack Obama's anticipated plan for significantly expanding U.S. troop levels in Afghanistan must show how these reinforcements will help increase the size of the Afghan security forces.

Sen. Carl Levin, chairman of the Senate Armed Services Committee, said yesterday that more Afghan army and police are central to succeeding in the eight-year-old war and more U.S. trainers and equipment can help meet that goal.

But it's unclear, Levin said, what role tens of thousands additional combat troops will play and Obama has to make a compelling case during a national address he's scheduled to give tomorrow night from the U.S. Military Academy at West Point, New York.

"The key here is an Afghan surge, not an American surge," Levin said. "We cannot, by ourselves, win (the) war."

Levin's remarks are a preview of the possible roadblocks Obama faces from his own party as he prepares to sell a broader, more expensive battle plan for Afghanistan to an American public weary of the conflict that began just weeks after the Sept. 11, 2001, attacks.

At West Point, Obama is expected to announce an increase of up to 35,000 more U.S. forces to defeat the Taliban-led insurgency and stabilize a weak Afghan government.

The escalation, which would take place over the next year, would put more than 100,000 American troops in Afghanistan at an annual cost of about \$75 billion.

Militants killed

- Afghan officials reported yesterday that 26 militants were killed in a gun battle exchange with border security guards along the Pakistan frontier.

NATO also reported that an Afghan woman was killed when she was struck by an international forces vehicle in Kabul.

The Ministry of Interior said yesterday that the battle between militants and the border guards occurred Saturday night in the Gurbuz district of Khost province in eastern Afghanistan.

The bodies of 13 militants were recovered, and no Afghan border security guards were killed in the violence, according to the ministry.

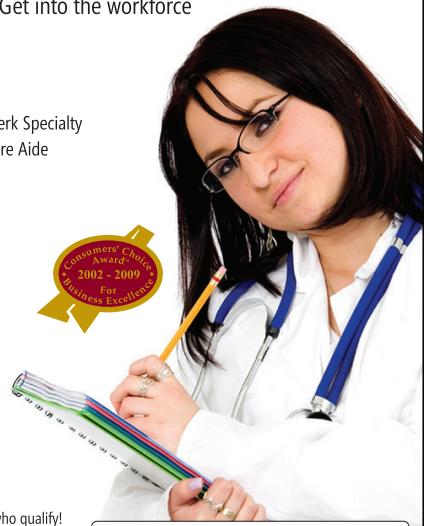
In the pedestrian accident, the driver of the NATO vehicle stopped after hitting the woman. Despite medical treatment, the woman died of severe trauma.

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TV station honours Hussein on anniversary of hanging

Turning on their TVs during the long holiday weekend, Iraqis were greeted by a familiar if unexpected face from their brutal past: Saddam Hussein.

The late Iraqi dictator is lauded on a mysterious satellite channel that began broadcasting on the Islamic calendar's anniversary of his 2006 execution.

No one seems to know who is bankrolling the so-called Saddam Channel, although the Iraqi government suspects it's Baathists whose political party Saddam once led.

The Associated Press tracked down a man in Damascus, Syria named Mohammed Jarboua, who claimed to be its chairman.

The Saddam channel, he



This image taken from al-Lafita TV channel on Saturday reads in Arabic "raise your sword" next to a portrait of former Iraqi dictator Saddam Hussein.

said, "didn't receive a penny from the Baathists" and is for Iraqis and other Arabs who "long for his rule."

Jarboua has clearly made considerable efforts to hide where it's aired from and refuses to say who is funding it besides "people who love us."

Iraqis responded with the kind of divided emotions that marked his

reign.

"Iraqis don't need such a satellite channel because it has hostile intentions," said Hassan Subhi, a 28-year-old Shiite.

"All my family felt sad," said Samar Majid, a Sunni teacher in western Baghdad, mentioning images shown from Saddam's execution, and pictures of his two sons and grandson.

THE ASSOCIATED PRESS

What's playing?

- The channel mostly shows a montage of flattering, still images of Hussein — some of him dressed in military uniform, others in a suit, even one astride a white horse.

Location, Location, Location?

Where You Live Can Impact Your Car Insurance Rate

How Much Is Your Postal Code Costing You?

We've all heard that with real estate, the biggest driver of your success is location. Can the same be said for getting the lowest car insurance rate? The answer is – sort of.

Insurance companies do use a wide variety of risk factors when setting premiums, and where you live is one of them. If you live in an area that a given insurance company knows to have a high claims rate, all things being equal, you can expect to pay more than someone living in an area with a lower claims rate.

Should I Consider Moving To Get A Better Rate?

Probably not. The truth is, even if you did move, there's no guarantee you'd get a lower rate, since each insurance company sets its rates independently and can change them up to 4 times per year according to a wide variety of factors of which your location is only one.

What's The REAL Secret to Lowering Your Rate?

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NO fear, NO SHAME

When something is affecting your physical health, it's only logical to seek medical help. Once the issue is addressed, life can often go back to normal without lasting repercussions. But what happens when something is affecting your mental health? It's hard enough to admit that mental illness is something that one in five Ontarians will face in his or her lifetime, but dealing with the attitudes surrounding it is often a greater challenge.

"Mental illness may be the diagnosed health problem," explains Lorne Zon, CEO, Canadian Mental Health Association (CMHA), Ontario, "but the major impact on the person is often a result of stigma and discrimination: the way that you and I think and act when we learn about someone we know that has a mental illness. It is unimaginable that we would turn our backs in this way from our family, friends and neighbours who were suffering from heart disease. But for the most part, mental illness is invisible to us if we choose to ignore the signs."

A 2008 Canadian Medical Association (CMA) survey found that almost half of Canadians polled think that the term

"mental illness" is used as an excuse for poor behaviour and personal failings, one in ten think that people with mental illness could "just snap out of it if they wanted," and half of the survey respondents would not tell friends or co-workers that a family member was suffering from mental illness.

As well, it's far too common to think that mental illness is a personal weakness; people struggling with mental illness are, as the name indicates, struggling with an illness. And mental illness is not just a single, rare disorder. Anxiety, depression, schizophrenia, and eating disorders are just a few of the many diagnoses affecting thousands of Canadians.

People may delay seeking help for family members or spouses because of fears and shame. Treatment of young people is often overlooked because many feel it is simply a phase they are going through. But addressing a sudden change

in behaviour, for example, or really listening without judging, challenging, or becoming angry is an important first step in helping a loved one. There is no shame in guiding someone towards a mental health professional – it's just like going to the doctor when you have the flu.

The sooner we can work towards dispelling the myths, the sooner we can help erase the stigma. The CMHA, Ontario, has a large online support centre that includes discussion groups, links to articles and resources, and free printable pamphlets (in multiple languages) that can help you deal with some of the misinformation surrounding mental illness. For more information on CMHA, Ontario's programs and services, visit www.ontario.cmha.ca.

– By Lori Dance



10 TIPS TO HELP YOU TAKE CONTROL OF THE HOLIDAYS

1. Plan your shopping trips and activities in advance so you can enjoy your time off.
2. Set an appropriate budget before you go shopping and stick to it.
3. Learn to say no. Spend your time on the people and activities most dear to you.
4. Listen to your body. Exercising will reduce stress, and so will a good night's sleep.
5. Practice moderation. Mix a healthy snack or non-alcoholic beverage in here and there.
6. Get enough sunlight, or look into natural remedies like vitamin D and melatonin.
7. Take a breather. 15 minutes alone can be bliss at times.
8. Be realistic. There will be drama, but everyone is stressed right now so be understanding.
9. If you feel lonely or isolated, reach out. If someone else needs help, be there for them.
10. If you're overwhelmed and the feelings won't go away, it's time to talk to your doctor or a mental health professional.

PROMOTING mental heaLth IN the workPLace

Mental health, like physical health, is something that all people have; whether good or bad, it's always with us in some form or another. And when demands are placed on our health (even at work) that exceed our ability to deal with them, we may become ill. It's simply a fact of life.

Indeed, just as physical illness (like the flu) can contribute to workplace absenteeism, employers are faced with lost time and productivity as a result of mental illness as well. In fact, nearly 14% of Canadian companies' net annual profits are lost as a result of mental illnesses in the workplace, and recent calculations suggest that mental health and addiction issues cost the Canadian economy upwards of \$51 billion annually.

"We know that one in every five Ontarians will be affected by a mental illness every year," explains Lorne Zon, CEO, Canadian Mental Health Association (CMHA), Ontario. "Many will never speak to their family, friends, employers, or even their doctor about their illness."

Unfortunately, it is often much easier to call in sick than it is to call in depressed. Sometimes you're going through something at home. Maybe you don't feel as though you're being recognized for the hard work you've done – or that you're not being supported by your boss and/or co-workers. It happens from time to time – but if it's affecting your life on a long-term basis, it may pose a risk to your mental health.

But what safeguards are in place in the workplace itself between the onset of mental illness and, specifically, the loss of job productivity? How does one deal with mental health issues in a work environment, and how can its effect be minimized effectively?

For one thing, it's important to recognize the signs that an employee or co-worker may be experiencing challenges to their mental well-being. A sudden drop in productivity, changes to their personality or attitude, or a sudden increase in absenteeism can be an

indication that someone in your workplace may need help.

The CMHA, Ontario, offers many excellent resources for those looking to learn more about how to help their employees or co-workers (or even themselves). One program, appropriately called Mental Health Works,

provides online support with workshops, articles, links, and answers to questions you may not know how to ask.

By addressing the risk factors of mental illness where we work, we can together promote well-being in a safe, happy, and



productive environment – the kind of workplace everyone can enjoy. For more information (and to take a free online wellness survey), visit mentalhealthworks.ca.

– By Lori Dance

weatherING the economic storm

In every work environment, there are people who worry about the security of their jobs and their financial future. But with the recession continuing weigh heavily on the minds of the Canadian workforce, more and more employees are losing hope that they will emerge unscathed. And not only is this affecting their productivity, but it is also causing stress to their mental well being.

While the worst may well be behind us, economic recovery is likely to be slow. And it could take even longer for Canadian workers to recover from the mental and emotional repercussions of the recent economic downturn. Looking at the attitudes of employers and employees gives some insight into how that might impact the workplace in the months and years to come.

A 2009 Desjardins Financial Security survey has shown some staggering disparities between how the recession is viewed by employers and employees. Close to a quarter of employees polled said that their environments have become more negative, while 73% of employers

said that theirs have become more positive. 43% of employees are worried about losing their jobs and many believe that employers are using the recession as an excuse to cut staff – and ironically enough, 70% of employers are maintaining or increasing their workforces.

There is, however, one point on which both groups found common ground: their health. One quarter of employees and 37% of employers agreed that the recession has negatively affected employees' physical health, with 35% of employees and 63% of employers claiming a toll on mental health as well. An increase in stress levels was found to be another challenge to employees' health, as 35% said they are experiencing higher stress this year than they did a year ago.

"What's evident in these results is that a clear and open dialogue is urgently needed between employers and their staff, but not just during difficult times," said Dr. Taylor Alexander, CEO of the Canadian Mental Health Association (CMHA), National Office. "Of course, we believe that both groups are responsible

for managing their own mental and physical health. But employers must also help create a mentally healthy workplace for their staff. Leadership on this issue starts at the top."

So why is promoting a mentally healthy workplace such an important and mutually beneficial concept? "By

investing in their workers, companies are investing in themselves," explains Michele Nowski, Director, Disability Claims and Disability Management with Desjardins Financial Security, who notes that mental health claims are the fastest growing category for days lost to disability in Canada. "A mentally healthy workplace typically has fewer disability claims, lower absenteeism and better productivity. It

really becomes a partnership between employees and employers because employees also have a responsibility to manage their health and stress levels."

For more information on the survey results and to access free wellness toolkits that can help you manage stress levels at home and in the workplace, visit www.healthiscool.ca.

– By Lori Dance



61 %

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Life, health, retirement

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

Fares should reflect service

InTransit

Adrienne Beattie

metronews.ca/intransit

As you prepare to pay more to ride transit next year, be sure to remember we'll be losing 21,500 service hours, we won't be getting any new peace officers and parking fees at LRT lots won't be reduced. Council has decided there won't be any fee to park at bus rapid-transit lots though — a small victory.

I think 2010 might look brighter for public transit if

council were more in touch with transit realities.

I'd like to see some members of council commit to taking public transit regularly. That's a sure-fire way to create true transit advocates. After all, it was the mayor's personal experience last month of having his usual 15-minute commute turn into an hour that inspired him to recommend increased funding for snow removal.

Admittedly, demanding schedules and commitments across the city makes transit a cumbersome prospect for busy aldermen. And since each has an annual

"One doesn't need to take transit to are too high..."

al car allowance of \$9,400 as well as a parking stall at city hall, it's quite unlikely we'll see any choosing transit.

One doesn't need to take transit to see increased fares are too high, though.

A quick survey of other major cities proves it.

Calgary's single adult fare is climbing from \$2.50 to \$2.75, more than Edmonton, Halifax, Victoria, Saskatoon, Seattle and San Francisco, to name a few.

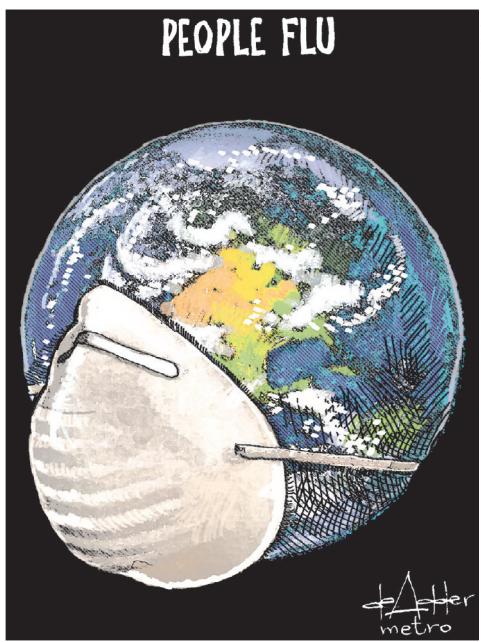
It's on par with Toronto's fare. The difference is Toronto operates three subway lines, an elevated rapid transit line, buses and streetcars with a daily ridership of

more than 2.46 million passengers.

Vancouver's fares range from \$2.50 to \$5.00 depending on how many zones you intend to travel through — keep in mind, their system includes the 21 municipalities that make up the Greater Vancouver Regional District. They've got seabus, buses, a skytrain and next year they'll have streetcars, too.

Perhaps \$2.75 would be a reasonable fare if the service was there to back it up, but it isn't. A more in touch council would recognize that.

Adrienne Beattie is a Calgary-born writer who has covered urban issues since 2001 and has an English degree from the University of Calgary.



Views

Anne solves all your holiday gift-giving dilemmas

HineSight

Anne Hines

metronews.ca/hinesight

boyfriend. Any suggestions?

A When shopping for a good gift for a man, it's important to keep in mind one thing: There are no good gifts for men. Women are easy. Just look at what we buy ourselves and then buy us more of it.

Unfortunately, no one needs a dozen tire air gauges or 16 interchangeable-head screwdrivers. But, there is a solution. Break up with him on December 20. I didn't say it

was a good solution.

Q Dear Anne: I'm finding the idea of giving gifts outdated. Do we really need more stuff? Is it OK to tell my relatives that I'm not giving gifts this year?

A Absolutely. Taking a stand for "love not loot" says you honour the true spirit of Christmas. So, if this feels right, do it.

Unless, of course, you're related to me. Then you need to buy stuff.

Q Dear Anne: I like to make my own gifts, but I'm sensing that my friends have lost their enthusiasm for tea cosies fashioned from old socks and twist-tie jewelry. What can I make that they might find more useful?

A Here's a gift someone really should make: The "Lie To Me" meter. This handy meter is designed to detect fibs at 50 paces, letting off

a siren that tells the perpetrator, "You're busted, baby." Perfect for households with teenagers or when discussing deadlines with your home renovations contractor. Warning: To avoid overloading circuits, device must be turned off during political campaigns and first dates.

Q Dear Anne: What's the most important thing to remember when choosing a gift?

A Keep in mind, "Who should I be trying to please?" Yourself. You have no idea what someone else thinks. Buy what you love for who you love and you're guaranteed happiness. Even if it's just your own.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

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Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA



Glaciologists are rushing to gather data on Greenland's suddenly quick thaw as the world prepares to meet in Copenhagen to hammer out a new global climate pact.

Urgent investigation

Glaciologists prepare to present findings in Copenhagen

Suddenly and without warning, the gigantic river of ice sped up, causing it to spit icebergs ever faster into the ocean off southeastern Greenland.

The Helheim Glacier nearly doubled its speed in just a few years, flowing through a rift in the barren coastal mountains at a stunning 30 metres per day.

Alarm bells rang as the pattern was repeated by glaciers across Greenland.

"It does seem that the very rapid speeds were only sustained for a short period of time, although

Warm oceans

In July, the world's oceans were the warmest in almost 130 years of record-keeping.

none of these glaciers have returned to the 'normal' flow speeds yet," says Gordon Hamilton, a glaciologist from the University of Maine.

The issue has gained urgency as scientists rush to supply their latest findings in time for negotiations on a new global climate pact.

set for December in Copenhagen.

Scientists say the Greenland ice sheet, which is up to three kms thick and covers an area almost the size of Mexico, is losing about 200 million cubic metres of ice a year — the equivalent of 80,000 Olympic-sized swimming pools.

The U.N.'s top climate official, Yvo de Boer, has warned that the ongoing negotiations on fighting climate change are moving so slowly that it will be impossible to reach a comprehensive deal come December.

THE ASSOCIATED PRESS

U.S., China pressed for greater commitments

CLIMATE European Commission President Jose Manuel Barroso is urging China and other countries to make more ambitious commitments on curbing heat-trapping greenhouse gas emissions.

Barroso welcomed fresh emission pledges by China

and plans by both Chinese Premier Wen Jiabao and U.S. President Barack Obama to attend next month's U.N. conference on climate change in Copenhagen.

"Everyone is committing," Barroso said. "We have to see at the end if all these commitments to-

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Black Friday sales up slightly from last year
American shoppers spent only slightly more (0.5 per cent) in stores this Black Friday than they did last year, according to data released by a U.S. research firm. THE ASSOCIATED PRESS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Public Works, private sector can't be compared: Report

The cost-effectiveness of Public Works projects can't be directly compared with the private sector partly because construction firms jack up their prices when dealing with the federal government, says a new report.

"Private sector companies, who build our projects, are intimidated by our processes and controls and account for their perceived extra efforts in dealing with these through increased construction and management fees," says an

internal document.

"They also understand that during design and construction phases we will not go bankrupt and that while payments may be slow, they are essentially guaranteed, regardless of cost overruns to the initial budget."

The disclaimer is made in a Public Works annual report card that gauges how effectively the department has managed its \$7.6-billion portfolio of properties across country, mostly office space. Since a 2007

restructuring, Public Works has tried to emulate private-sector real-estate practices to give taxpayers more value for their money.

But senior officials point to a host of factors they say makes direct comparisons with private business unfair and misleading.

Officials drew up a list of at least 26 reasons why they can't be strictly held to private-sector standards, including the requirement to adhere to federal green policies. THE CANADIAN PRESS

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Festival Monkey see monkey do



A Long Tailed Macaque Monkey gulps down cola at the Lopburi, Thailand, Monkey Festival yesterday. The annual festival, in its 21st year, began by businessmen as a way of showing appreciation for the long tail mackak monkeys and the tourism they attract.

Stock market welcomes new oilsands player

ENERGY The Toronto stock market will see the debut this week of a brand new oilsands player and a more streamlined version of one of the continent's top natural gas names.

Shareholders in EnCana Corp. gave virtually unanimous support last week to the plan to divide the Calgary-based energy giant into two distinct companies.

With that major milestone, and the blessing of an Alberta court, out of the way, EnCana and its oil-centred spinoff Cenovus Energy Inc. will start operating independent of one another tomorrow.

"From the moment of its creation, we expect Cenovus will be an industry leader," Brian Ferguson, EnCana's chief financial officer and soon-to-be Cenovus chief executive, told reporters last week.

THE CANADIAN PRESS

Ottawa delving into CN strike: Source

STRIKE Ottawa is threatening to table back-to-work legislation today to end the CN Rail strike if the two sides haven't reached an agreement, a senior government official said late yesterday.

The official, who declined to be named, said the government would

prefer the company and the locomotive engineers represented by the Teamsters union negotiate.

But he said to protect the Canadian economy they could not let the strike which began after talks broke down on Friday to continue.

THE CANADIAN PRESS

Business in brief

CURRENCY China should let its currency strengthen against the euro and other major currencies, for its own sake as well as that of the global economy, top finance officials of the sin-

gle-currency euro zone said yesterday. The plea came in meetings ahead of an EU-China summit today in the eastern Chinese city of Nanjing.

THE ASSOCIATED PRESS

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Dubai's cash crunch is just one of many clouds hanging over anxious investors bracing for a week of market volatility. Scan this barcode for the story.

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Super-giant slalom victory for Canadian

Canadian Manuel Osborne-Paradis claimed the first super-giant slalom victory of his career yesterday at Lake Louise. Osborne-Paradis, who resides in Invermere, B.C., flew down the course in a time of one minute 32.93 seconds to pick up the win. **THE CANADIAN PRESS**

Sports



Davydenko scores first big win

Nikolay Davydenko, left, won the first big tournament of his career yesterday, running down just about every ball and using a consistent serve to beat U.S. Open champion Juan Martin del Potro 6-3, 6-4 to win the ATP World Tour Finals. Davydenko was coming off his semifinal victory over top-ranked Roger Federer and dominated his service games against del Potro, losing only five points on serve in the first set and eight in the second. **THE ASSOCIATED PRESS**

EDITOR: DON.MCHOUILL@METRONEWS.CA

Als make most of second chance

GREY CUP**Riders 27 Alouettes 28**

Given a second chance
Damon Duval made no mistake and kicked the Montreal Alouettes to a Grey Cup championship.

Duval connected on a 33-yard field goal on the final play of the game to give the Alouettes a 28-27 comeback victory over the Saskatchewan Roughriders in a thrilling CFL championship game yesterday.

The Alouettes, outplayed for much of the game, erased a 16-point deficit in the final 10 minutes with touchdowns by Avon Cobourne and Ben Cahoon,

plus Duval's boot with no time remaining.

It was his second attempt at it. He missed his first try but a Saskatchewan penalty for too many men on the field gave Duval another opportunity.

"The man upstairs gave me a second opportunity," said Duval.

"... As soon as I saw the flag I didn't care (about the miss), I had to focus on making a kick."

Added Calvillo: "The key is not to make mistakes. We made our share, but they made a key one at the end."

The victory ended a run of Grey Cup woes for the Alouettes and quarterback Anthony Calvillo, who won only a second Grey Cup in seven championship games since 2000.

The Roughriders failed in

a bid for a second Cup in three years in gut-wrenching fashion.

"It was a lack of communication ... but it should have been recognized," Roughriders head coach Ken Miller said of the critical late penalty.

"The disappointment of this loss is going to affect us as long as we're on this planet."

"Total 100 per cent disappointment."

THE CANADIAN PRESS

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JEFF MCINTOSH/THE CANADIAN PRESS

Montreal Alouettes kicker Damon Duval kicks the game-winning field goal yesterday.

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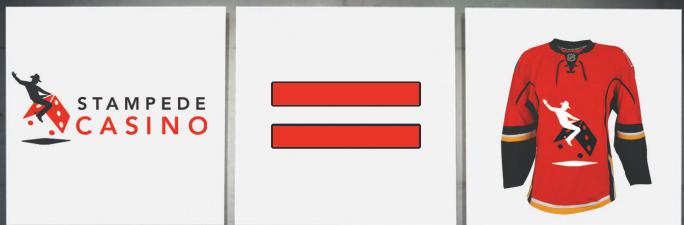
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Student killed in shooting at Hungarian university

A student opened fire at a university in the Hungarian city of Pecs yesterday, killing one student and wounding three other people. According to media reports, the shooting occurred in Pecs University's biophysics research institute. **METRO NEWS SERVICES**

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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All hail this Master of wine

OddJobs
Diane Peters
Metronews.ca/oddjobs


Barbara Philip is a sommelier, a wine expert who specializes in pairing wines with food.

Barbara Philip only waitressed while waiting for her acting career to take off.

"You're always in a sense of denial, that this isn't my real job. That one day I'll get my big break," says Philip, 43.

The Vancouverite's big break did come, but it had nothing to do with theatre.

About 15 years ago, she, her husband and a friend started getting into wine; pairing wines at dinner parties, reading about it and

taking trips to wine regions.

One day, a chef friend called, saying his restaurant's sommelier — wine expert — had just quit, and offered her the job.

She ended her contract with her acting agent and dug into wine.

While she worked at the restaurant designing the wine list, ordering wine and helping customers pick their vintage for the night, she began taking courses.

As she furthered her wine knowledge, she heard about something cool: Master of wine certification. The designation was held by less than 200 people in the world at the time.

"If I'm going to be in the wine business, I want to go all the way with it," Philip said to herself.

She kept working in restaurants, and took courses and travelled to taste as many wines as she could,

and learn in detail the wine business, making wine and growing grapes.

Meanwhile, because she was a woman in the wine industry — a rarity at the time — she began getting requests to do talks, run tastings, teach classes and judge events.

By the time she wrote her thesis and sat her master of wine exams in 2005 and 2006, her freelance work was so busy, she quit her restaurant job.

Philip now travels a great deal, flying around the world to tastings and competitions.

"It's very systematic. Drawing a conclusion about a wine is more about brain-work than taste bud work."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Nipissing opens Academic and Research Complex

Nipissing University will hold an official opening ceremony today for its new \$8.6-million Academic and Research Complex. The three-storey, 26,000-square-foot facility features state-of-the-art classrooms, research laboratories and faculty offices for researchers. **METRO NEWS SERVICES**

Startup gives you points for going out

Laura Fitton's ascent has been staggering: In less than a year, she's become mayor of nine different places in several different states, all without giving any speeches or kissing any babies.

Instead, Fitton has gone out. A lot. And that's allowed her to build an empire in the world of a rapidly growing Internet startup called Foursquare, which rewards users with points and virtual "mayorships" for checking in on their cellphones when they're out and about.

Foursquare is the brain-child of Dennis Crowley, 33, and Naveen Selvadurai, 27. The two friends decided to roll out their service after learning in January that Google was shutting down Dodgeball — a similar tool for connecting with friends through text messages. Crowley had started Dodgeball in 2000 and sold it to Google in 2005 for an undisclosed amount.

Released in March, Foursquare lets you share your whereabouts with

friends, no matter if you're at a hot bar or a neighbourhood pet store. Once you've checked in somewhere — through Foursquare's website or its applications for the iPhone or Android phones — your friends can see where you are and decide whether to meet up with you.

If you want to check in on an iPhone, for example, you'd see a main tab showing your favourite and nearby businesses, and another tab showing where your friends have recently checked in. You can search for venues, leave tips for other users about things they might want to try at a bar or restaurant, or send a "shout" — a message that goes to all your friends.

Checking in is done on the honour system, so technically you can check in at dessert destination Serendipity 3 in Manhattan even if you're really sitting in an office in San Francisco.

There are plenty of applications that let you share your location with friends,

Successful launch

- Since Foursquare launched, it has gained more than 100,000 users and added more than 100 cities worldwide to its roster.

such as Loopt, Glympse and Google Latitude. What's different about Foursquare — and what users say keeps them coming back — is that it includes a reward

system familiar to video gamers.

You get five points for checking in somewhere for the first time, for example, and if you visit a place three times in a week you'll earn a "local" badge that appears on your Foursquare profile. Check in somewhere more

than others do and Foursquare will dub you the mayor. (You'll have to keep visiting, though, or you might be overthrown by somebody else.) A leaderboard lets you see how you stack up against your friends and other users in your area. **THE ASSOCIATED PRESS**



Foursquare is a startup venture that lets you check in to businesses and rewards your frequenting places more than once.

Easy times are over for Americans: Author

BookReview

Reset — How this Crisis Can Restore Our Values and Renew America

Author: Kurt Andersen
Publisher: Random House
Price: \$17.50

Everyone seems to know the fable of the grasshopper and the ant. The tale goes that the grasshopper enjoys the spoils and good times of the summer while the ants work hard to build up their stockpile. The winter comes along and the grasshopper is in a poor situation to survive.

According to author, Kurt

Andersen, Americans have been behaving like the grasshopper, recklessness that ultimately lead to the global financial collapse. Using historical examples, Andersen describes how the discovery of gold in Northern California in 1948 was a point in time where any average American could make a fast fortune ... and ultimately achieve the American Dream.

Andersen paints a very hopeful picture of the economic landscape ... one where America can truly mature, reset and become a different but better country.

Craig Lund, a director with the staffing firm Marketers on Demand, can be reached at craig.lund@marketersondemand.com



On World AIDS Day, December 1st, visit any Starbucks location in Canada and 5¢ from every drink you buy will go to the Global Fund to fight AIDS in Africa.

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Coca Rocha has own clothing line

Coca Rocha is set to launch her own clothing line. The Canadian supermodel declared on her blog she plans to create her own range, and has even posted a picture of herself sketching some of the garments in her New York apartment. FEMALEFIRST.CO.UK

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Big Fan

It isn't just screaming tween girls who are going gaga over New Moon star Taylor Lautner — one of the onscreen werewolf's biggest fans is Oscar-winning actor Jamie Foxx.

PEOPLE.COM

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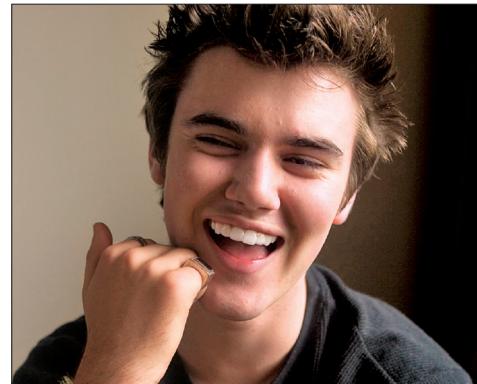
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Cameron Bright appears only briefly in New Moon as the Volturi vampire Alec but says he was swarmed by fans seeking his autograph when he attended the L.A. premiere.

Houseman, who play werewolves Jared and Quil.

Their screen time pales in comparison to stars Robert Pattinson, Taylor Lautner and Kristen Stewart, but even the small roles come with the promise of more limelight later in the series, based on the novels by Stephenie Meyer.

Pelletier acknowledges he has only a few scenes in New Moon but notes they are loaded with meaning for the well-read viewer who is fully aware of each character's literary backstory. And because New Moon and its followup, Eclipse, were shot in Vancouver back-to-back, Pelletier says he kept in mind his character's broader story arc while filming early scenes.

Bright jokes that the intense attention paid to even the most minor Twilight characters adds disproportionate weight to his character's one-liners.

"I gotta say them just right," he says laughing.

THE CANADIAN PRESS

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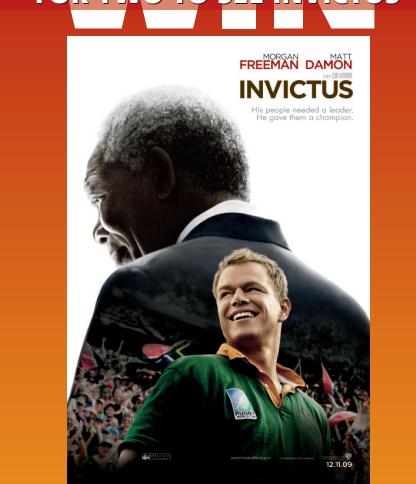
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Monday, November 30, 2009

22 entertainment

Mrs. Beckham does a denim relaunch

Victoria Beckham is giving her denim clothing collection a makeover and relaunching it under her own name. METRO NEWS SERVICES

Celebrity Buzz

JLo's ex files \$100 million suit

HE WANTS THE MONEY THAT SHE'S GOT Ojani Noa, ex-husband to Jennifer Lopez, is preparing a blockbuster lawsuit against the star and her business and legal team for \$100 million US, reports radaronline.

After Noa attempted to produce a film featuring home video footage of Lopez — featuring a pantsless Lopez on a motorcycle — she sued for \$10 million and won a temporary restraining order to bar the film from public consumption, usmagazine.com reports.

Noa's nine-figure suit charges Lopez, her father,

lawyers and business associates with interfering in the project — and for fraud.

Lopez's mother, Noa's attorney claims, sold some of that home-video footage to Spanish language station Univision for \$30,000 without Noa's permission.

Lopez and Noa — who wed in Feb, 1997 and divorced Jan. 1998 — are scheduled to meet in court Dec. 1.

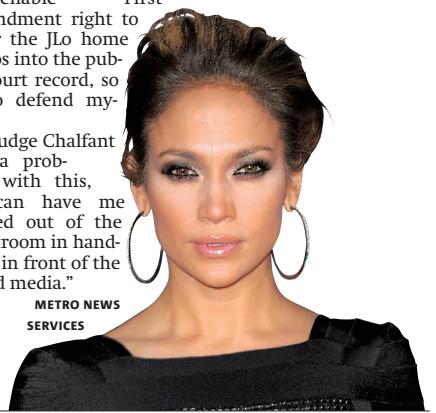
The disgruntled ex-husband plans to submit the home videos in question ... no matter what.

Ojani Noa's attorney said the following Friday:

"I believe that I have an unalienable First Amendment right to enter the JLo home videos into the public court record, so as to defend myself."

If Judge Chalfant has a problem with this, he can have me hauled out of the courtroom in handcuffs in front of the world media."

METRO NEWS SERVICES



Holmes talks through Twilight

A REAL CHATTY KATHY Several New Yorkers learned a difficult lesson last week: Don't sit in front of Katie Holmes at the movies.

The actress and a pal went to see New Moon, the latest in the Twilight franchise, and reportedly ruined the experience for those around them.

"Katie talked through all of New Moon," a source tells Fox News. "It was unbelievable."

METRO NEWS SERVICES



Architect bashes Pitt

SCORN ON THE BAYOU Brad Pitt has made quite an impact on the city of New Orleans since he started building new homes for those devastated by Hurricane Katrina. While the homes are first class, there are mixed reviews about his work and what is being done to help the city.

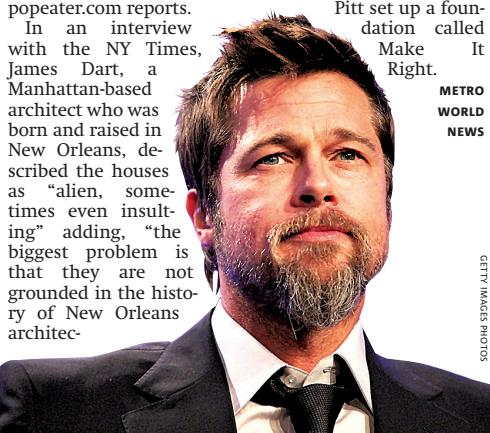
popeater.com reports. In an interview with the NY Times, James Dart, a Manhattan-based architect who was born and raised in New Orleans, described the houses as "alien, sometimes even insulting" adding, "the biggest problem is that they are not grounded in the history of New Orleans architec-

ture."

But Dart still expressed admiration for Pitt. "He deserves a great deal of credit," adding that Pitt had "done more for New Orleans" than any government agency.

In 2007, frustrated by the slow pace of rebuilding in the Lower Ninth, Pitt set up a foundation called Make It Right.

METRO WORLD NEWS



Celebrity tweets

Fred Durst is prepared for bad reviews, and **Stephanie Pratt** gets all her holiday greetings done in one Tweet.



*@freddurst I wonder

how many "cool" people will be pleasantly displeased by the new limpkitz album.

* @stephaniepratt Oh my God I just want to wish you guy's happy holidays! Everyone have a wonderful Thanksgiving. Merry Christmas, Happy Hanukkah, Have a great Kwanzaa, and everything else and happy New Years.

METRO WORLD NEWS



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Today
Mostly sunny.
9°C / -4°C



Tuesday
High-level clouds.
1°C / -6°C

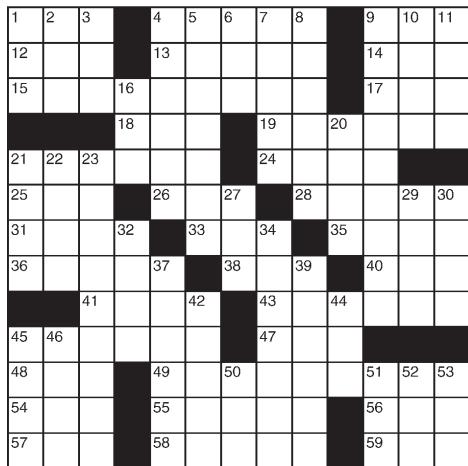


Wednesday
Afternoon clouds.
0°C / -10°C

**Andrew Schultz, Meteorologist — Breakfast Television**

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WEEKDAYS AT 6 A.M.

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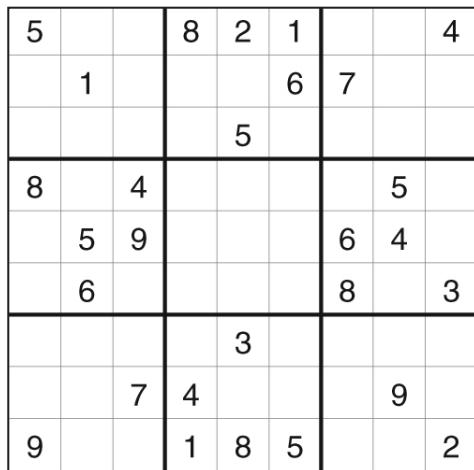
43 "Everybody Loves Raymond" brother
4 Manila hemp
9 Legume
12 "—Kapital"
13 Man of La Mancha
14 Jamaican export in a bottle
15 Plaster ingredient
17 Rage
18 —CIO
19 Follower of Brigham Young
21 Hire
24 Lotion additive
25 By way of
26 Carpet
28 "Peter, Peter, pumpkin—" Sea eagles
31 9-Across holder
35 It ain't worth a nickel
36 Of birth
38 Dict. information
40 Wrong (Pref.)
41 Curved molding

DOWN

1 Fast (Abbr.)
2 —de cologne
3 Omega preceder
4 Request
5 Bankrupt
6 Blackbird
7 Punctuation mark
8 Coloured ring
9 8 to 11 p.m. on

Sudoku For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

6	7	2	3	1	8	5	9	4
1			6	7				
				5				
8	4				5			
5	9			6	4			
6				8	3			
			3					
7	4				9			
9		1	8	5		2		

On the web

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ARIES**MARCH 21-APRIL 20**

Most likely this will be one of those days when you'd rather be anywhere else. You'll get away from it all soon, but for now, do what's expected of you.

TAURUS**APRIL 21-MAY 21**

Inspiration comes and goes but effort always gets results, so keep plugging away at your latest project. You're close to a breakthrough, so have faith.

SCORPIO**OCT 24-NOV 22**

You know you have made an error and you know you will have to make amends to those you have wronged, so why are you finding it so hard to do?

GEMINI**MAY 22-JUNE 21**

It may seem like someone is being obstructive, but was there was something you said or did over the weekend that turned that person against you?

SAGITTARIUS**NOV 23-DEC 21**

Usually you can trust your instincts but you would be wise to get a second opinion before taking action. Could there be something you have missed?

CANCER**JUNE 22-JULY 22**

Why are you so pessimistic about your prospects? Things may not be going as well as you hoped they would be but life is full of ups and downs.

CAPRICORN**DEC 22-JAN 20**

Now that Saturn, your ruler, is transiting the career area of your chart, your dealings with people in authority are of even more importance than usual.

LEO**JULY 23-AUG 23**

Recent changes may have been unsettling but keep telling yourself, over and over again, that in the long-term they will work in your favour.

AQUARIUS**JAN 21-FEB 18**

Is someone keeping something from you? It would appear that they are. But is it something you need to know? Probably not.

VIRGO**AUG 24-SEPT 22**

Do something today that livens up your home or your work environment. Focus on what makes you feel good. Ignore the rest.

PISCES**FEB 19-MARCH 20**

Don't let other people get rich at your expense. You cannot afford to take it for granted that they will treat you fairly. It's up to you to protect yourself.



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Take Five**Metro Recipe of the Day****Creamy Chicken Korma****INGREDIENTS:**

1 tbsp (15 ml) canola oil
1 onion, chopped
1 tsp (5 ml) finely chopped fresh ginger
2 tbsp (25 ml) korma curry paste or powder
1 lb (500 g) skinless chicken breast fillets, thickly sliced
2/3 cup (150 ml) hot chicken stock
14 oz (398 ml) can coconut milk
1/2 cup (125 ml) ground almonds

METHOD:

- Preheat oven to 350 F (180 C). Heat oil in flame-proof casserole and lightly cook onion and ginger 4-5 minutes or until softened.

Stir in curry paste or powder and cook over low heat 1 minute.

- Add chicken slices to casserole, stirring to coat in spicy onions. Add stock and coconut milk; bring to boil. Season. Cover with tight-fitting lid, then put in oven and leave to cook 45-60 minutes.
- When ready to serve, remove casserole from the oven, and stir in ground almonds to thicken sauce.

SERVES 4**rd.ca**

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



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